


“安息”
**Celebrate CNY from Rest with
 Jesus Christ!**



Introduction:
4:6
 Better one handful with tranquility than two
 handfuls with toil and chasing after the wind.



A) The original meaning of REST?
 4:9-10

There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from his own work, just as God did from his.



Shabbat Katapausis

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The word REST in both
 the Hebrew (Shabbat) and Greek (Katapausis) is to
 “cease, celebrate, desist from exertion, leave, put away,
 reposing down and abode.”

- = / True


Shabbat rest= to cease from your labors, your own efforts, your own activities.

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Not implying that you stop your ministry BUT you must DO THEM with a heart of REST.

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Ceases from you own efforts,
 your own striving, and depending on the
 works of another-GOD.




B) Keeping your Rest

Rachel-

Give our feeling to Jesus and let it go.




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It is possible to carry Rest with us because God is not asking us to carry the world family on our shoulders. He is asking us to enter into a rest that is internal.



11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."




C) Resting in the storm

8:23-27

V23 Then he got into the boat and his disciples followed him.


V24 Without warning, a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping

V25 The disciples went and woke him, saying, "Lord, save us! We're going to drown!"




V26 He replied, "You of little faith, why are you so afraid?" Then he got up and rebuked the winds and the waves, and it was completely calm.

V27 The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey him!"




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Jesus lived in internal security, He could sleep in a storm.



D) Enter into Rest

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 Change your thinking: if I settle down and come to rest inside, I will be able to see what God can do in this situation.

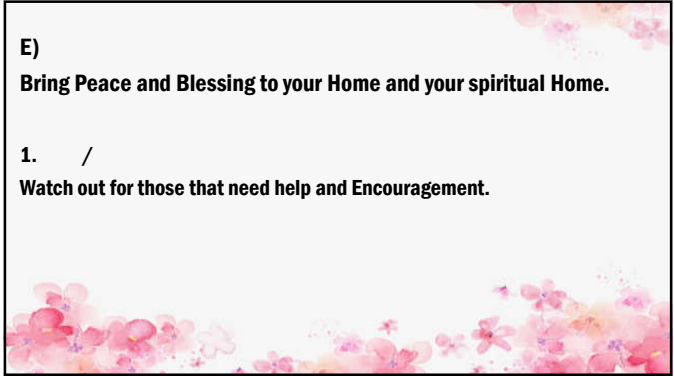
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 Let God have the mess.



E)

Bring Peace and Blessing to your Home and your spiritual Home.

1. /
 Watch out for those that need help and Encouragement.



25:34-40

V34

"Then the King will say to those on his right,

'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world.

V35

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in,

V36

I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.'

V37

"Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink?'

V38

When did we see you a stranger and invite you in, or needing clothes and clothe you?'

V39

When did we see you sick or in prison and go to visit you?'

V40

"The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'

2.

Don't spend beyond your budget, but also don't live with poverty mindset. Go for a prosperous and joyful New Year.

3.

Cultivate the culture of Honor

40:10-11

I do not hide your righteousness in my heart; I speak of your faithfulness and salvation. I do not conceal your love and your truth from the great assembly. Do not withhold your mercy from me, O LORD; may your love and your truth always protect me.



4:29

Now, Lord, consider their threats and enable your servants to speak your word with great boldness.

Life and death is under your mouth.

When there is bold proclamation of Good news on earth, there is bold response in heaven.



4. **Walk extra mile for Jesus-visit and care for “sleeping sheeps”,
bring Good News to friends/family that are non-believer.**

